

## STUDENT CREED

1. I will develop myself in a positive manner and avoid anything that would reduce my mental growth or physical health. Sir/Ma'am
2. I will develop self-discipline in order to bring out the best in myself and other. Sir/Ma'am.
3. I will use what I learn in class constructively and defensively; to help myself and others and never to be abusive or offensive. Sir/Ma'am.
4. *We are a Black Belt School; We are motivated; We are dedicated; We are on a quest to be our best. KUK SOOL!!!*

## KUK SOOL WON™ PLEDGE

*The Kuk Sool Won™ pledge is required for the Black Brown belt test. All students should memorize the Kuk Sool Won™ Pledge as soon as possible.*

1. As a member of the World Kuk Sool Association, I pledge to obey the rules of the association and to conduct myself in accordance with the true spirit of martial arts.
2. I pledge to be loyal to my country and to promote the development of a better society.
3. I pledge to work together with all classes of people without regard to politics, race or religion.
4. I pledge to promote international goodwill and strive for world peace through the practice of martial arts.

## INSTRUCTOR'S CREED

1. I will teach this class as if it is the most important class I will ever teach.
2. I am patient and enthusiastic
3. I lead by example
4. When I teach, every student must leave the dojang feeling better than when they came.